

SIZE CHART

Below are the most frequently search for size charts.

COMPRESSION LEG SLEEVES:

When choosing a size, calf size should be used as the primary determinant. We list height for those who do not know their calf size. If between two sizes, recommend sizing down.



	UNISEX			
	View Product			
	<i>Calf Circumference</i>	<i>Height</i>	<i>Calf CM</i>	<i>Height M</i>
XS/S	9.5" - 12.5"	5' 3" - Below	24 - 31.5cm	1.60m - Below
S/M	12.5" - 15"	5' 4" - 5' 10"	31.5 - 38cm	1.63 - 1.78m
L/XL	15" - 18.5"	5' 11" - Up	38 - 47cm	1.80m - Up

SOCKS:

	MEN	WOMEN	EUROPE
<i>Shoe Size</i>			
View Product			
S	4 - 6.5	5 - 8	39 - Below
M	7 - 9.5	8.5 - 11	40 - 42
L	10 - 12.5	11.5 - 14	43 - 45
XL	13 - Up	14.5 - Up	46 - Up

KNEE SLEEVE

Measure around the center of the knee when the knee is slightly bent.

	UNISEX	
	<i>Knee Circumference</i>	
	View Product	
S/M	13" - 15"	
L/XL	15" - 18"	

THIGH SLEEVE:

Measure the circumference of the mid-thigh with the muscle relaxed.

	UNISEX	
	<i>Thigh Circumference</i>	
	View Product	
S	17" - 19.5"	
M	19.5" - 22"	
L	22" - 24.5"	
XL	24.5" - 27"	

SEAMLESS SPORTS BRA:

	WOMEN Bust/ Chest Size
	View Product
S/M	32 ABC - 34 AB
M/L	34 ABC - 36 AB
L/XL	36 ABC - 38 AB

ARM SLEEVE SIZE CHART

Bicep size should be measured with the muscle lightly flexed. Measure the circumference of the bicep at the largest point.

	UNISEX
	<i>Bicep Circumference</i>
S/M	9.5" - 13.5"
L/XL	14" - 19"

ELBOW SIZE CHART

Measure with the arm extended and relaxed the upper forearm circumference - approx. 2" below the elbow.

	UNISEX
	<i>Circumference 2" below the elbow</i>
S	7"-9"
M	9"-11"
L	11"-13"

WOMENS TOPS

	WOMEN <i>Measurement</i>
S	0 - 4
M	6 - 10
L	12 - 16

MENS COMPRESSION SHIRTS

	MEN <i>Chest</i>
S/M	35 - 40
L/XL	41 - 47

WOMENS BOTTOMS

	Women <i>Size</i>
XS/S	4 - Below
S/M	4 - 8
L/XL	10 - Up

MENS BOTTOMS

	MEN <i>Waist</i>
XS/S	28 - Below
S/M	29 - 32
L/XL	32 - Up