

Mini Cycle Go™



User's Manual



Mini Cycle Go™ by Wagan®

Thank you for purchasing the Mini Cycle Go™ by Wagan®. With normal care and proper treatment, it will provide years of reliable service.

⚠ WARNING: To reduce the risk of serious injury, read all precautions and instructions in this manual operation. Use the Mini Cycle Go only as described in this manual.

FEATURES

- Improve your circulation to promote a healthier lifestyle
- Easily collapsible with locking pins
- Portable for home or office uses
- Compact for easy storage
- Tension control to vary your workout
- Workout tracker to help you reach your goals: rotation count, revolution per minute, time lapse, calories burned

SPECIFICATIONS

- Extended dimensions (inches): 15.6 (w) x 19.4 (l) x 10.1 (h)
- Retracted dimensions (inches): 15.6 (w) x 12.6 (l) x 7.1 (h)
- Weight: 5.2 lbs
- Battery (included): 1.5V AG13

IMPORTANT PRECAUTIONS

- It is the responsibility of the owner to ensure that any user of this unit is adequately informed of all the precautions.
- This unit is intended for personal use only.
- Keep this unit indoors, away from moisture and dust. Place the unit on a level surface, with a mat beneath it to protect the floor or carpet.
- Inspect and properly tighten all the parts regularly. Replace any worn parts immediately.
- Keep children under the age of 12 and pets away from the unit at all times.
- Do not attempt to stand on the unit. Remain seated when operating this unit.
- Wear appropriate clothes while exercising. Do not wear loose clothing that could become caught on the unit. In addition, wear athletic shoes for foot protection while exercising.
- Always keep your back straight while using this unit. Do not arch your back.
- If you feel pain or dizziness at any time while exercising, stop immediately and begin cooling down.

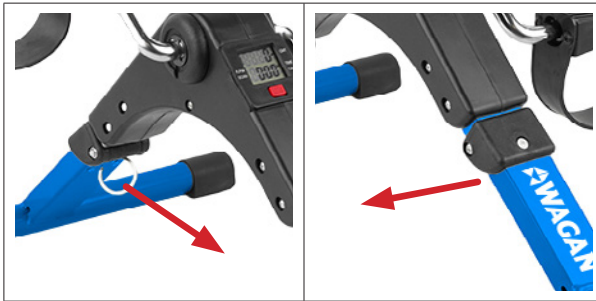
⚠ WARNING: Before beginning this or any exercise program, consult your physician. This is especially important for persons over the age of 35 or persons with pre-existing health problems.

REPLACING THE BATTERY

1. Locate the 2 small tabs on the sides of the display.
2. Using the tabs, pry the display away from the main unit. Be careful to avoid pulling the electrical cord out from the main unit.
3. The battery is attached to the bottom of the display. Using a screw driver or pliers, lift the 2 short tabs and slide the battery out.
4. Replace with the same type of battery (1.5V AG13) and fold the tabs back down to secure the new battery.
5. Align your display and place it back into the main unit.

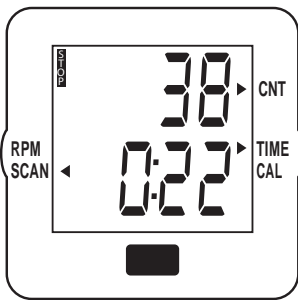
SET UP

1. Support legs fold outwards until the locking pins snap into place. You should hear a click.
2. Take the tension knob and screw it into the hole on the back of the unit, opposite the display.
3. Position yourself in a comfortable position on a sturdy chair and start pedaling.
4. The workout tracker will start counting automatically. Press the red button to select the function you would like to have displayed on the LCD.
5. When you are finished with your exercise and would like to stow the unit away, pull on the rings underneath the unit at the leg joints on both side.



6. The locking pins will retract and allow the legs to fold back inward.

MULTI FUNCTION WORKOUT TRACKER



CNT	Rotation count
RPM	Revolutions per minute
SCAN	Cycles through: TIME > CAL > RPM
TIME	Workout duration (Time lapse)
CAL	Calories burned (estimated)

HOW TO OPERATE THE DIGITAL TRACKER

Start	Start exercising by turning the pedals. The power for the display will automatically turn on and the counter will start tracking your workout.
Function selection	Tap the red button until the function you would like to have displayed is selected.
Scan	The workout tracker will be changed every 5 seconds to display the time lapse of your workout, then to calories burned, and RPM, back to TIME again, and so on.
Stop	There is no power-off button. Simply stop pedaling. The display will automatically turn off after several minutes (~4 minutes) of inactivity.
Resume	If you have stepped away momentarily and would like to resume your workout session, DO NOT PRESS ANY BUTTONS . Start pedaling again and the display will automatically come on if it has turned off while you were away. The tracker will pick up where you left off and continue counting. If you do not want to continue the last workout session, you will need to reset the tracker.
Reset	To reset the tracker, press and hold the red button underneath the display for 4 seconds.

ADJUSTING TENSION

Twist the tension knob at the back of the unit clockwise to increase the tension and counter clockwise to decrease the tension.

TROUBLESHOOTING

- When it is difficult to see the screen display or there is no display, it may be time to change the battery.
- If the counter doesn't operate properly, take out the battery and insert it again. If you change the battery, the count will be changed to "0".
- Reset counter before using. Due to vibrations that occur during transportation, your counter may not be set to "0" when you start use. This is not an indication of malfunction.
- If the digit counter does not work after replacing the battery, there could be a wiring issue. Please contact our customer service team.