

Expert Personal Trainers in Your Living Room

iFit® Coach Ready™*

Engage in a whole new fitness experience as certified personal trainers take your exercise all around the world. With iFit® Coach, you'll be led through an expansive collection of GlobeTrek™ workouts and an ever-growing library of limit-pushing LiveCast™ workout classes, getting you moving and sweating on and off your machine. Connect your tablet to this iFit® Coach Ready™ treadmill via Bluetooth and start working out with your own personal trainer that will automatically adjust the incline on your equipment, matching the terrain wherever you go. Subscription required.

*Access iFit® Coach workouts on your Bluetooth® connected Android™ or iOS tablet. Tablet not included. Access iFit® Coach account from computer, tablet, or smartphone. Membership sold separately. The Bluetooth® word mark and logos are registered trademarks owned by Bluetooth SIG, Inc. and any use of such marks by ICON Health & Fitness is under license. Google Maps™ is a trademark of Google, Inc. Other trademarks and trade names are those of their respective owners.

- **World-Class Personal Trainers**
- **GlobeTrek™ Workouts and LiveCast™ Studio Classes**
- **Strengthening Personalized Nutrition**
- **Extensive Connected Tracking**



There's No Limit 20" x 55" Tread Belt

Because your in-home workout experience should be a comfortable one, ProForm® designed a roomy deck so you won't feel confined as you walk, jog, and run.

The 55-inch length gives your legs plenty of room to get moving. And the 20-inch width allows your upper-body comfortable elbow room. To ensure our treadmills are top quality, we test each belt for one million cycles at double the user weight before release.

- **Roomy Deck Area**
- **Maintenance-Free Tread Belt**



Simple, Hassle-Free Storage SpaceSaver® Design

We know you like your house to be clutter-free. So we invented a treadmill that folds up and out of the way when you're finished with your workout. It totally rocked the fitness industry; but honestly, we're just glad you don't have to sacrifice your living space for your fitness habit anymore.

- **Folds in Seconds**
- **Safely Locks into Place**



Do More in Less Time 0 - 10% Digital Quick Incline™ Control

We consider incline training the treadmill game changer—you can literally prepare your body for those challenging uphill routes.

The ProForm® 505 CST offers powered, automatic incline adjustability. When you train with incline, you know you're giving your legs the best workout possible on a treadmill.

- **0 - 10% Incline Range**
- **Motorized, Instant Adjustability**