

Expert Personal Trainers in Your Living Room

iFit® Coach Ready™*

Engage in a whole new fitness experience as certified personal trainers take your exercise all around the world. With iFit® Coach, you'll be led through an expansive collection of GlobeTrek™ workouts, getting you moving and sweating on and off your machine. Connect your tablet to this iFit® Coach Ready™ elliptical via Bluetooth and start working out with your own personal trainer. Subscription required.

*Access iFit® Coach workouts on your Bluetooth® connected Android™ or iOS tablet. Tablet not included. Access iFit® Coach account from computer, tablet, or smartphone. Membership sold separately. iFIT experience shown. Internet and WIFI required. iFIT membership activation requires credit card and auto-renews for fee. Cancel at anytime.

- **World-Class Personal Trainers**
- **GlobeTrek™ Workouts**
- **Strengthening Personalized Nutrition**
- **Extensive Connected Tracking**



Build Better Arms

Soft Grips Upper-Body Workout Arms

Get a total-body, low-impact workout with upper-body workout arms. Elliptical training engages your entire body with every step.

- **Full-Body Workout**
- **Build Upper Body Strength**
- **Easy-to-Hold Grip**



Discover the Power of Incline Training

0 - 20° Digital Quick Incline™

We know you love the outdoors. That's why we made incline training available on your elliptical. Now you can hike any mountain without leaving your living room. With a quick adjustment, this ramp adjusts your incline allowing you to focus on specific muscle groups. Target your glutes, quads, and calves for realistic trail training. You'll be 100 percent prepared for the next family hike.

- **Burn More Calories than Walking**
- **Engage Lower-Body Muscles**



Personalize Your Experience

20 Resistance Levels

With 20 digital resistance levels, you can start out easy and progress to intense. Each level is smooth, frictionless, and silent with our patented SMR™ Silent Magnetic Resistance.

- **Quiet Training**
- **Customized Workout Levels**