

Expert Personal Trainers in Your Living Room

iFit® Coach Ready™*

Engage in a whole new fitness experience as certified personal trainers take your exercise all around the world. With iFit® Coach, you'll be led through an expansive collection of GlobeTrek™ workouts, getting you moving and sweating on and off your machine. Connect your tablet to this iFit® Coach Ready™ elliptical via Bluetooth and start working out with your own personal trainer. Subscription required.

*Access iFit® Coach workouts on your Bluetooth® connected Android™ or iOS tablet.

Tablet not included. Access iFit® Coach account from computer, tablet, or smartphone. iFIT experience shown. Internet and WIFI required. iFIT membership activation requires credit card and auto-renews for fee. Cancel at anytime.

- **World-Class Personal Trainers**
- **GlobeTrek™ Workouts**
- **Strengthening Personalized Nutrition**
- **Extensive Connected Tracking**



Professional Training from the Comfort of Your Home

18 Workout Apps

When you step on the pedals of a ProForm® elliptical, you get instant access to professional training programs fully-loaded and ready to go. Now you can enjoy a challenging workout focused on your goals. Just press "Start" and you're off.

- **Calorie, Intensity, and Speed Workouts**
- **Designed by Certified Personal Trainers**



Hike to the Summit—Before Breakfast

0 - 20° Adjustable Incline Ramp

We know you love the outdoors. That's why we made incline training available on your elliptical. Now you can hike any mountain without leaving your living room. With a quick adjustment, this ramp moves your incline up to 20 degrees allowing you to focus on specific muscle groups. Target your glutes, quads, and calves for realistic trail training. You'll be 100 percent prepared for the next family hike.

- **0° - 20° Incline Capability**



Life Doesn't Stop During Your Workout

Integrated, Adjustable Tablet Holder with DeVice Grip™ Technology

Make fitness time multi-tasking time. This tablet holder is designed to adjust to multiple angles and clamp down on your device to keep it secure and conveniently close so you have access to all your training tools and entertainment must-haves.

- **Entertainment Within Reach**
- **Check Email and Browse Internet**
- **Multi-task During Workout**