

Features

Expert Personal Trainers in Your Living Room

iFit® Coach Ready™*

Engage in a whole new fitness experience as certified personal trainers take your exercise all around the world. With iFit® Coach, you'll be led through an expansive collection of GlobeTrek™ workouts, getting you moving and sweating on and off your machine. Connect your tablet to the iFit® Coach Ready™ Hybrid Trainer via Bluetooth and start working out with your own personal trainer. Subscription required.

*Access iFit® Coach workouts on your Bluetooth® connected Android™ or iOS tablet. Tablet not included. Access iFit® Coach account from computer, tablet, or smartphone. Membership sold separately. iFIT experience shown. Internet and WIFI required. iFIT membership activation requires credit card and auto-renews for fee. Cancel at anytime.

- **World-Class Personal Trainers**
- **GlobeTrek™ Workouts**
- **Strengthening Personalized Nutrition**
- **Extensive Connected Tracking**



Hybrid Design, Fitness Technology Hybrid Trainer

Enjoy fitness motivation like never before when you access all your favorite benefits of the Hybrid Trainer. Engage your core, upper body, and lower body with the elliptical. Then tap into a great cardio workout with the recumbent bike. And now, for the first time ever, iFit® technology is available on the Hybrid Trainer allowing you to select a route anywhere in the world—and then go. Powered by Google Maps™, you can work out somewhere new every day (subscription required). Plus, you can explore unlimited iFit® workouts featuring top trainers. No matter your goal, you'll find programs created just for you. The tablet holder keeps all your favorite fitness tools close by and secure. The ProForm® Hybrid Trainer is the ultimate in fitness technology.

- **2 Machines in 1**
- **iFit® Bluetooth® Smart Enabled**
- **Tablet Holder**
- **15" Stride**



Smooth, Long Elliptical Strides 15" Stride

Start moving toward your fitness goals and enjoy full elliptical strides. With a 15" stride length, the Hybrid Trainer XT lets you step with purpose. Elliptical training provides a softer landing for your legs and gives you a consistent path to reduce unsafe misstepping.

- **Comfortable 15" Horizontal Stride Length**



Precision Tracking for High-Power Workouts

Watts Power Meter

The built-in power meter displays your power readout on the screen so you know when to pick up the pace or slow it down.

- **Displays Watts**



Easy Access to the Latest Technology

Integrated Tablet Holder

Make fitness time multi-tasking time. This device shelf keeps your tablet secure and conveniently close so you have access to all your training tools and entertainment must-haves.

- **Tablet Not Included**
- **Extra-Wide Design**