HOW TO PRE-SEASON YOUR FIREDISC®

MAXIMIZE THE FLAVOR AND LIFE OF YOUR FIREDISC WITH THIS CHEF TESTED SEASONING TECHNIQUE!

WHAT YOU NEED: CLEAN DRY DISH TOWEL • PAPER TOWELS LARD OR ANY OTHER HIGH SMOKE POINT OILS LIKE VEGETABLE OIL, MELTED SHORTENING, OR CANOLA OIL • SPOON • LIGHTER • WATER Seasoned FireDisc Cooker!

- 1. Wash, rinse and dry your FireDisc Cooker with water.
- 2. We recommend you DO NOT use soap.
- 3. Set your FireDisc to the medium or high setting and allow to heat for about 5 - 10 minutes. You will want to see some mild smoke coming off the FireDisc Cooker.
- 4. Turn off the heat regulator.
- 5. With a large spoon, add 2 large scoops of lard (or lard substitute) to the center of the FireDisc Cooker.
- 6. Holding the dish towel with tongs, spread the oil that will form around the entirety of the FireDisc Cooker.
- 7. With some paper towels clean any residual oil from the disc.
- 8. Allow the FireDisc Cooker to cool for 30 minutes.
- 9. You are now ready to use your FireDisc Cooker
- 10. Enjoy!

A well seasoned firedisc pan should appear black and will repel rust and corrosion as well as enhance the flavors of your food for years to come





